

Heritage Green Nursing Home

Winter 2025 Newsletter

353 Isaac Brock Drive Stoney Creek, ON L8J 2J3
(905) 573-7177
www.hgseniorcare.ca

Dear Family Members and loved ones,

I hope this letter finds you well and in good health as we enter the New Year. On behalf of the entire staff at Heritage Green Nursing Home, I would like to extend our warmest New Year greetings to each and every one of you. We are grateful for your continued trust and support in allowing us to care for your loved ones.

As we embark on this new year, we are excited to announce that we will be offering more informational meetings based on issues and information that families have been asking for. These meetings will provide valuable insights and updates on various topics related to the well-being and care of your loved ones. We believe that open communication and transparency are essential in ensuring the best possible care for your loved ones, and we are committed to providing you with the information you need.

In light of the current seasonal illnesses circulating in our community and the rest of our country, we would like to remind you to prioritize the health and safety of both yourself and our residents. If you or any family member are feeling unwell or experiencing symptoms of illness, we kindly ask that you refrain from visiting the nursing home until you are fully recovered. There are many seasonal viruses out there and some can spread so quickly, by staying home when you're feeling ill you're not only protecting your loved one, but all 167 residents and our staff, who provide the care and services to your loved one.

We look forward to introducing some new programs very soon and always finding ways to improve and enhance the care and services we provide.

Wishing you a happy and healthy New Year ahead.

Warm regards,
Scott Kozachenko, Administrator

Heritage Green will start facilitating one-hour quarterly guest speaker meetings (nursing focused e.g. continence care, etc.) for our families to attend. These meeting will be held "in house". Please stay tuned for more information. Also, if anyone is interested in joining the Heritage Green Family Council please contact Marilyn at marilyn.pelletier@sympatico.ca

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Heritage Green Nursing Home extends a very warm welcome to our new and second Facility Pastor ~ **Pastor Gabriel Achim**. He will be working along side Pastor Joel. Pastor Gabriel will be in the home on Mondays, Tuesdays and Wednesdays and is available to reach by email at gabriel.achim@hotmail.com or by phone at (905) 921-5952.
Thank you

Devotional by, Pastor Joel

Winter can feel long and unrelenting, with cold winds and barren trees reminding us of life's challenges. The shorter days and longer nights may make the season seem harsh, yet within winter lies a quiet promise: no matter how cold or difficult it may be, spring will surely come.

This truth reflects God's faithfulness in every season of life. Ecclesiastes 3:1 reminds us, *"To everything there is a season, and a time for every purpose under heaven."* Just as the earth endures winter to prepare for the new life of spring, we, too, go through seasons of difficulty that prepare us for growth and transformation.

In the winters of life, God does not abandon us. He walks with us, offering His warmth, strength, and presence. Isaiah 41:10 assures us, *"Do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."*

Even though we are in the middle of winter and surrounded by the cold of winter, let us hold on to hope. Though we may not see the blossoms yet, the seeds of new beginnings are already planted, waiting for their time to grow. Let's trust in God, who knows every piece of the puzzle of our lives.

Spring eventually will come, and with it, renewal and new life. May we find peace in God's promises as we wait.



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Programs - A sneak peak of upcoming events –

Musical Entertainment
Coffee Socials
Valentine's Social
Movie Nights
Armchair "Traveling"

Some exciting news.....Heritage Green has purchased a pair of virtual reality glasses that the Programs Staff will be using with our residents!

This promises to be a "cool" and unique experience. Residents will be able to virtually travel the world, listen to music and experience unique scenery and encounters!

Please continue to check the monthly program calendars that are posted in resident rooms and hallways.



Interested in making a difference in our residents lives then perhaps volunteering at our home might be of interest to you. Please, if you are interested in volunteering connect with Janine – Programs Manager at by email to jb@hgseniorcare.ca or by phone to (905) 573-7177 ext. 140. Thank you!