

Heritage Green

SENIORS' COMPLEX



Sharing & Caring **In Your Community**

Nursing Home

Situated in a parklike setting, and adjacent to Valley Park, this beautiful, homey facility accommodates 167 residents, in a mixture of private, semi-private, and ward rooms, many of which exceed the minimum Ministry of Health standards. Specialized programs for special needs populations are available. Become a part of the Heritage Green Family, where friendly, caring staff, some of whom have been here for over twenty years, advocate for and meet the needs of the residents with compassion and tenderness.

Senior Apartments

On Site independent living senior's apartments allows for a continuum of care, and the opportunity for spouses with different care requirements to have their needs met in different areas of the complex.

To find out more about us, drop by for a visit. Please call to schedule a tour.

Retirement Lodge

An affordable, secure retirement residence, located in quiet, park-like surroundings.

We offer you all the comforts of your home without the responsibility. If private independent living in a friendly, warm atmosphere is how you would like to spend your retirement years, then let us show you around.

Reasonable monthly rates include 24 hour supervisory care, tasty, nutritious meals and snacks, house-keeping and laundry service, planned activity programs, free parking.

Peace & Security

Are you looking for peace of mind, and the secure knowledge that your parents or grandparents are living in a comfortable, affordable setting, close to you? Give us a call at Heritage Green Senior's Complex, in your neighbourhood, where professional staff meet the needs of seniors in a compassionate and caring manner.

For information Please contact: Rosemary Okimi Administrator
Ph: (905) 573-7177 ext. 100
353 Isaac Brock Drive
Stoney Creek, Ontario L8J 2J3



SENIORS CENTRE

Thank you for your inquiry about the Heritage Green Seniors Complex.

We are pleased to inform you that our 4-story Senior Apartment and Retirement Home complex and 3-story Nursing Home are situated in a park-like setting on the mountain in Stoney Creek, on the outskirts of Hamilton, Ontario, and consist of 110 self-contained apartment units, a 21-bed Retirement Home and a 167-bed Nursing Home.

HERITAGE GREEN SENIORS CENTRE APARTMENTS

The Heritage Green Seniors Centre was built in 1982 and offers 14 two-bedroom apartments, 90 one-bedroom apartments and 6 one-bedroom handicapped apartments. All apartments are designed to provide an environment that offers appropriate levels of challenge, support, security, independence, privacy and a home-like environment. This allows the individual to function independently in spite of any handicaps.

Within the Seniors Apartment Complex, we have:

- a. A common lounge for all tenants to socialize and enjoy each other's friendship.
- b. A Craft Room that is used for crafts, meetings and a hairdressing salon.
- c. An Activity Room that is used for games, films, potluck meals, private family parties, Wednesday night meetings and Saturday evening vespers.
- d. Full-course meals available to the tenants in the dining room of the Retirement Home on the main floor.
- e. Laundry room on each floor.
- f. A Seniors Club for active tenants to get involved and participate in the activities. Social events may include potluck suppers, Thanksgiving and Christmas banquets, bazaars, International suppers, film nights, Amateur nights and group games.
- g. Raised garden boxes available to plant and harvest vegetables and flowers.
- h. Exercise equipment available within the building.
- i. Van transportation available for shopping, outings and out of town trips.

The Seniors Centre overlooks a city park, ideal for quiet strolls, feeding of birds and animals, picnics, and other activities. Valley Park Community Centre, also in the park, includes a public library, swimming pool, and skating arena.

Applicants must be at least 59 years of age, or handicapped/disabled but still independent, to qualify for an apartment. Smoking and drinking are prohibited within the common areas of the building and surrounding public areas. (By-Law No. 02-054)

Rental rates are as directed by the City of Hamilton.

Effective June 1st, 2016 through May 30th, 2017, the rent for
-one-bedroom balcony is \$783.00
-one-bedroom sunbay is \$807.00
-two-bedroom apartments are \$905.00 to \$942.00 per month.

Rent for each unit:

- ☐ Includes heat and hydro
- ☐ If the tenant has air-conditioning, there is an additional charge of \$30.00 a month for the four months from June through September.
- ☐ Outside parking is available for a monthly fee of \$20.00. The vehicle must be owned and operated by the tenant
- ☐ Other expenses would be, if chosen:
 - ☐ Cable TV: Available through Cogeco.
 - ☐ Internet: Available through Cogeco.
 - ☐ Telephone: Telephone service is only available through our in-house system. Reasonable rates, personal service.
 - ☐ Have a pet? There is a charge of \$10.00 per month.
- ☐ Monthly statements are mailed to each tenant.
- ☐ Pre-authorized Payment plan is mandatory.

An application form is attached.

Tours can be arranged by calling Superintendent, Fina Lizondro at 905-308-6406.

HERITAGE GREEN NURSING HOME

From our original 34-bed nursing home established in 1983 in our Seniors Retirement building, we moved to our current Nursing Home in January, 1991. This gracious Georgian manor home for 167 residents is designed to provide a home-like environment, privacy, independence and quality care. Presently we employ approximately 200 staff at Heritage Green Nursing Home and are currently accredited with Accreditation Canada.

Heritage Green Nursing Home offers:

- a) 51 private suites
 - b) 40 semi-private accommodations
 - c) 76 ward accommodations
 - d) We are licensed for 167 beds.
- (
(This section in process of revision)
)
- e) The Home retains one advisory physician plus other physicians to serve the medical needs of our residents.
 - f) 24-hour complete personalized care
 - g) Home cooked meals with a choice of vegetarian or regular entrees are provided daily by our dietary department.
 - h) Active participation in activities, crafts, worship, singing, exercise, outings and other activities are coordinated by our Program Director.
 - i) Volunteers from the Senior Apartments and the Community provide added entertainment, friendship, worship services and assistance for more wholesome life to our residents.
 - j) Whenever possible, accommodation for married couples wishing to share a room is arranged.
 - k) Spiritual fellowship is provided in the Nursing Home and Seniors Building and in the Church and whenever possible, spiritual fellowship outside of the Nursing Home is encouraged.
 - l) Health principles of the church regarding tea, coffee, strong drink, tobacco and unclean meats are upheld by Heritage Green Nursing Home policies.
 - m) Family participation is strongly encouraged.

Scheduled tours of the Nursing Home are available.

HERITAGE GREEN RETIREMENT HOME

The Retirement Home, licensed for 21 beds, was established in March, 1992 in one wing of the Seniors Complex. This provides a critical link between the Seniors Apartments, the Community and the Nursing Home. Our Retirement Home gives quality to life, independence, security and enables the resident to continue to be a contributing member of society. Tours of the Retirement Home can be arranged.

The Retirement Home offers:

- a) 19 private suites
- b) 2 semi-private beds
- c) 24 hours of personalized care and security
- d) Meals with choice of vegetarian or regular entrees
- e) Housekeeping and laundry services
- f) Social activities and entertainment
- g) Spiritual fellowship
- h) Physicians serve the medical needs
- i) Volunteer programs to enrich the residents' lives by bringing the outside world in.
- j) Opportunities to intermingle with the tenants in the Seniors Apartments for fellowship, social and spiritual programs.

A Seventh-day Adventist Church is on site to serve the residents of our Nursing Home, the tenants from our Seniors Apartments and the members of the Community. There are several other churches servicing our community in the near proximity; Baptist, Presbyterian, United, Alliance, Pentecostal, Anglican, Roman Catholic, Salvation Army, and many others that are in the city.

We are very proud of our operation here and welcome your inquiries or application at your earliest convenience.

Rosemary Okimi
Administrator

Web site: www.hgseniorcare.ca

Heritage Green Seniors Apartments
351 Isaac Brock Drive
Stoney Creek, ON L8J 1Y1

Telephone: (905) 573-7177

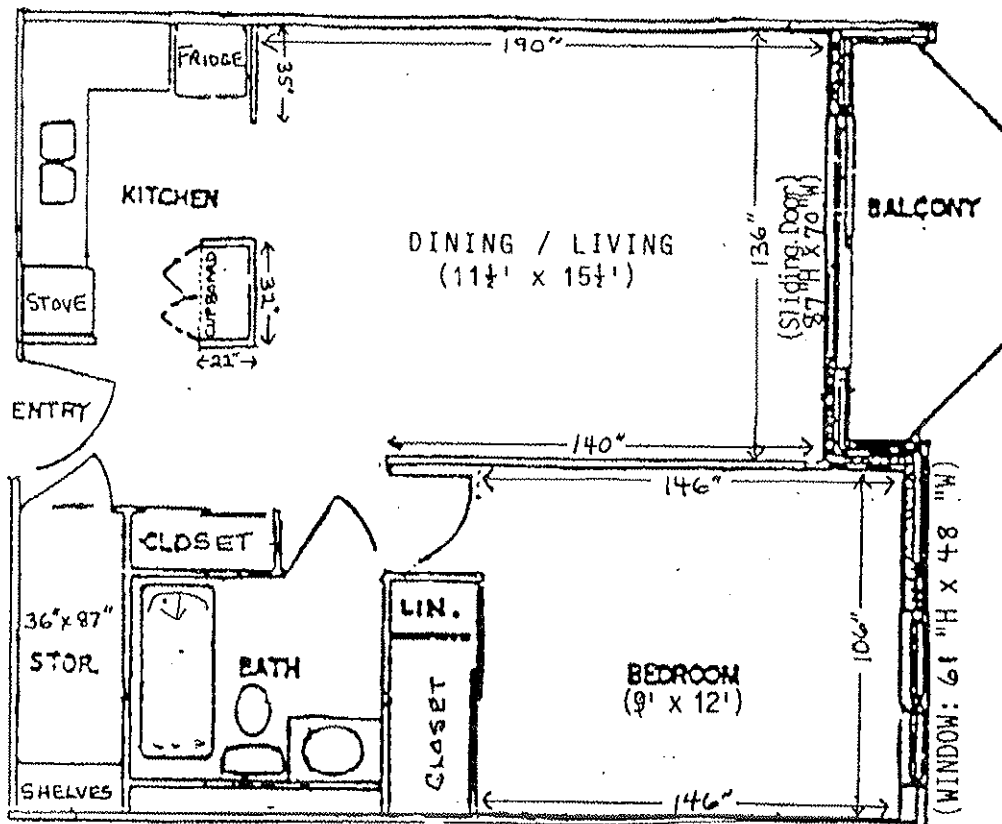
Heritage Green Retirement Home
351 Isaac Brock Drive
Stoney Creek, ON L8J 1Y1

Telephone: (905) 573-3796

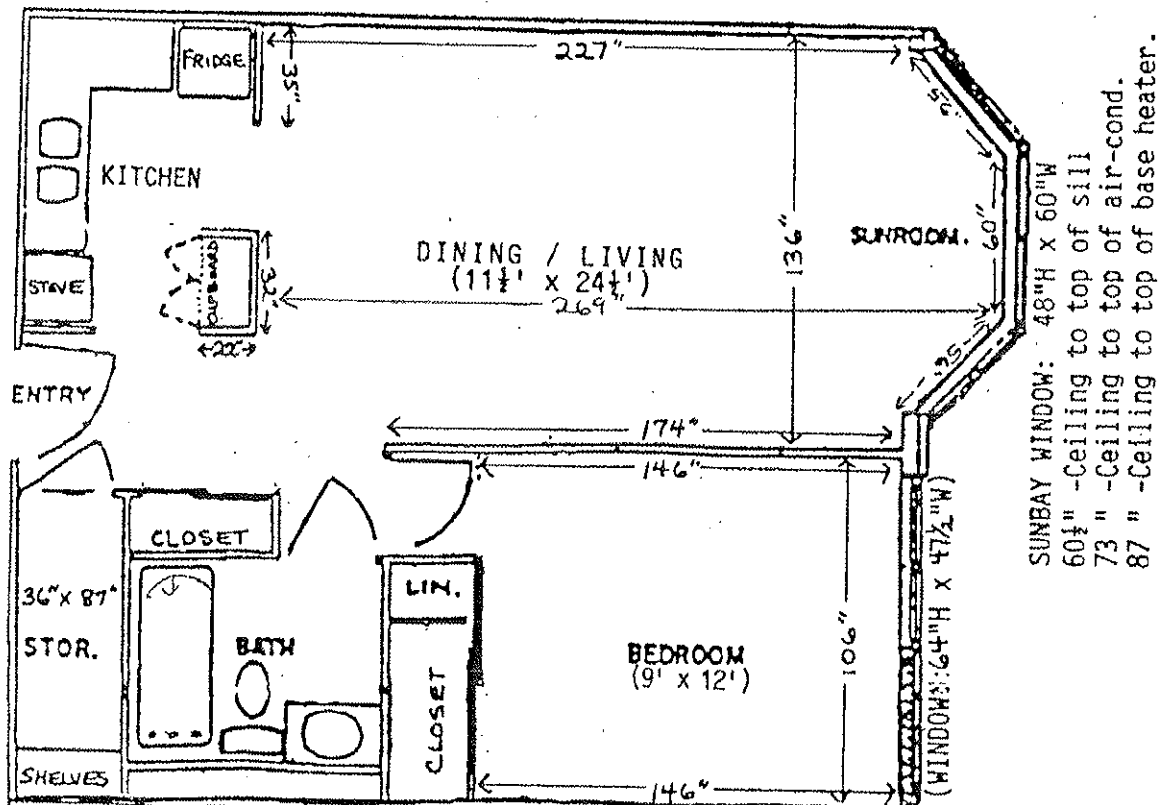
Heritage Green Nursing Home
353 Isaac Brock Drive
Stoney Creek, ON L8J 2J3

Telephone: (905) 573-7177

ONE BEDROOM APARTMENT WITH BALCONY



ONE BEDROOM APARTMENT WITH SUNBAY WINDOW



HERITAGE GREEN SENIORS CENTRE
APPLICATION FOR APARTMENT

NAME: _____ DATE OF BIRTH: Yr _____ Mth _____ Day _____
SPOUSE: _____ DATE OF BIRTH: Yr _____ Mth _____ Day _____
ADDRESS: _____ City _____ Prov. _____ Postal Code _____
TELEPHONE #: _____ Cell Phone #: _____
Citizenship _____ Religious Affiliation (optional) _____

TYPE OF APARTMENT PREFERRED

- () One bedroom apartment for () one or () two person(s)
 () Handicapped/patio 1st Floor
 () Sunbay on () 2nd Floor () 3rd Floor
 () Balcony on () 2nd Floor () 3rd Floor () 4th Floor

() Two bedroom apartment for two persons:
 () Patio () 2nd Floor () 3rd Floor () 4th Floor

How much notice is needed: () 60 days () 30 days () less than 30 days

MEDICAL INFORMATION

Brief Medical History _____

Medication _____

Smoker: () No () Yes Family Doctor _____ Telephone # _____
Your OHIP # _____

Next of Kin in case of emergency:

<u>Name</u>	<u>Relationship</u>	<u>Address</u>	<u>Telephone #</u>
1. _____	_____	_____	_____
2. _____	_____	_____	_____

Parking: Outside parking available for \$20/month (tenant must own and operate the vehicle).
Hydro: Tenants with air-conditioning required to pay \$30/month for hydro June thru September.
Telephone: Heritage Green Seniors Complex Private Telephone System in place.
Payment: Monthly Statements issued for rent, telephone, and, if applicable, parking and air-conditioning.
Payments due on 1st of every month. Signing for Pre-authorized Payment is mandatory.

Will you be applying for Rent-Geared-To-Income? () Yes () No If yes, at time of accepting an apartment, you will be required to complete an application and provide a copy of your latest "Notice of Assessment" from your Income Tax. (Rent-Geared-To-Income not applicable to two-bedroom apartments).

Have you previously resided in social/public housing? () Yes () No Arrears owing \$ _____

How did you hear about our Heritage Green Complex? _____

Heritage Green Seniors Centre is an apartment complex for seniors. The apartments are self-contained so tenants must provide for their own care. Smoking and drinking are prohibited within the common areas of the building.

DATE: _____ SIGNATURE OF APPLICANT _____

HERITAGE GREEN NURSING HOME

353 Isaac Brock Drive, Stoney Creek, ON

JUNE 2016

PHYSICAL FACILITY AND GENERAL ATMOSPHERE	Heritage Green Nursing Home	FACILITY 1 FACILITY 2
How many residents live in this home?	167	
How many floors are there?	3	
How old is the facility?	First opened 1983-present facility 1991 3 rd floor added June 2003 Reno and Construction 2015-2017	
Are there calendar boards?	Yes	
Is the Day-Date/Year clearly showing?	Yes	
Is there a Tuck Shop?	Yes	
Is there an attractive lounge?	Yes	
Is private space available for family visiting?	Yes	
Are there visiting hours?	No restrictions	
RECREATION PROGRAMS		
Is there a large recreational space?	Yes	
Is there a qualified Recreation Supervisor?	Yes	
Is there an attractive outdoor area?	Yes – not presently available due to construction	
Is there appropriate shade to enjoy the backyard?	Yes – there will be	
Are there a variety of programs?	Yes	
Are there programs available for the less able?	Yes	
Are there evening and weekend programs?	Yes	
Is there a locked Alzheimer unit?	Yes, for 15	
Is there access to a secured outdoor space?	Yes- not presently available due to construction	
Are the programs appropriate for the resident's special needs?	Yes	
Is the resident's choice to participate or not, respected?	Yes	
Is there an active Residents Council?	Yes	
Is there an active Family Council?	Yes	
Do residents have say in the programs offered?	Yes	
Is transportation arranged?	Yes	
Is there an active pet visiting program?	Yes	
Are there facility pets?	Yes (birds, fish)	
Are volunteers active in the facility?	Yes	
Can family members participate in the programs?	Yes	
ADDITIONAL SERVICES		
Are the following available?		
Recreation Therapy	Yes	
Music Therapy	Yes	
Physio / Occupational Therapy	Yes	
Dentist	Yes	
Food Care	Yes	

Hairdressing	Yes	
Respite Care	No	
SPIRITUAL/RELIGIOUS PROGRAMS		
Are there regular religious services?	Yes	
Is there multi-denomination representation?	Yes	
Is there a Chaplain on the staff?	Yes	
Are pastoral visitations available?	Yes	
Can residents attend church in the community?	Yes – where appropriate, (escorted by family)	
SAFETY		
Are there separate smoking and non-smoking areas?	This is a non-smoking facility	
Are fire drills held on a regular basis?	Yes	
Is there a policy regarding the use of restraints?	Yes	
Is the positioning of handrails and grab bars effective?	Yes	
Are mechanical and ceiling lifts available?	Yes	
Is the facility inspected and licensed by outside agencies?	Yes	
Does the facility have a disaster plan in place?	Yes	
Are exits and stairwells alarmed?	Yes	
Is there a policy in place for caring for Residents with responsive behaviors?	Yes	
ATMOSPHERE		
Does staff appear friendly, helpful, and caring?	Yes	
Is the home free of offensive odor?	Yes	
Is the home air-conditioned?	Yes, in the common areas	
NURSING CARE		
How often are the residents sponge-bathed in their rooms?	Morning & Evening	
How often are the residents bathed?	Twice weekly if desired	
Where appropriate, do they have choice to shower?	Yes – where appropriate	
What types of incontinent products are used?	Disposables	
Is the cost covered by the home?	Yes	
Can residents keep their own Doctor if they visit and meet out standards and requirements? (does not include Specialists)	Yes	
Is there a house Doctor?	Yes	
How many RN's are there on Day Shift?	3	
How many RPN's are there on Day Shift?	3	
How many RN's are there on the Evening Shift?	1 or 2	
How many RPN's are there on the Evening Shift?	3 or 4	
How many RN's are there on the Night Shift?	1	
How many RPN's are there on the Night Shift?	2	
How many residents does each P.S.W attend to on each shift?	8-10	
What are the average hours of care per resident per day?	2.3-2.5 hours/day	
ROOMS		
Are the rooms attractively laid out and furnished?	Yes	
Is there ample space?	Yes	
Are Televisions, phones, and fans allowed in rooms?	Yes	
Are there proper spaces for resident owned air conditioners?	Yes	
Can residents personalize their living space?	Yes	
Are plants, pictures, etc. allowed?	Yes	
Is there sufficient closet and drawer space?	Yes	

Are the call bells easily accessible to the residents?	Yes	
Are there washrooms attached to the resident's rooms?	Yes	
Are they easy accessible?	Yes	
How many share a basic room?	3 on first and 2 nd floor 2 on 3 rd floor – will be changed with reno to all 2 in each basic room	
Are there curtains installed as necessary?	Yes	
How many private rooms are available?	51	} these numbers may change with the reno
How many semi-private beds are available?	40	
How many wards are available?	76	
Is laundry service included?	Yes	
Who labels the clothing?	Laundry Dept.	
FOOD AND DIETARY SERVICES		
Is food prepared in the facility?	Yes	
Is there a seasonal rotation of the menu?	Yes	
Is the menu displayed in the facility?	Yes	
Are therapeutic diets available?	Yes	
Are residents offered a choice or alternate to the entrée?	Yes	
Is there a qualified food service supervisor/dietician on staff?	Yes	
Are there set seating places?	Yes	
Can residents invite guests to meals?	Yes – tickets can be purchased in the office	
Are snacks served between meals?	Yes	
Can food be brought into the facility?	Yes	
Do all residents eat in the dining room?	Most – we encourage, but there are some exceptions	
Is there help available for residents who require assistance with eating?	Yes	
Is there a policy relating to alcohol consumption?	No – we do not serve alcohol.	
Are food preparation areas inspected on a regular basis?	Yes	
Is there a diet restriction specific to the facility?	Yes - Decaf. Tea & coffee, no pork or shellfish. No alcohol.	
Are vegetarian meals offered?	Yes	
FINANCIAL AND ADMINISTRATION		
Is there a contract to be signed yearly? (If applicable)	Yes	
Are resident's responsibilities for payment clearly stated?	Yes	
Is the contract clearly worded and explained? (if applicable)	Yes	
Are there trust accounts available and do they pay interest?	Yes	
Is Payment by Pre-authorized Debit (PAD) available?	Yes	
Office Hours and call for further information: 905-573-7177 Ex 110	Mon-Thurs 8:30-4:30 Fri. 8:30-4:00	
COMMUNICATION/ADDITIONAL SUPPORT		
Are family information nights held?	Yes	
Is there a facility newsletter?	Yes	
Can family members attend facility educational programs?	Yes	

Bulletin to Residents of Long-Term Care Homes: Important News Regarding Long-Term Care Home Accommodations Charges

Ministry of Health
and Long-Term Care

MAY 2016

Renseignements aussi
disponibles en français

Basic Accommodation Rates

On July 1, 2016, the co-payment that residents pay for basic accommodation in long-term care (LTC) homes **will increase by \$0.64 per day from \$58.35 per day to \$58.99 per day**, consistent with recent inflationary increases. This will help cover the rising costs of meals and accommodation.

Preferred Accommodation Rates

The maximum charges will also be increasing for residents admitted to newer preferred accommodation beds **on or after July 1, 2016**. The premium charged for semi-private accommodation will increase by \$0.13 from \$12.00 to \$12.13 per day, and the premium for private accommodation will increase by \$0.28 from \$25.00 to \$25.28 per day.

The table below provides the new rates that will apply as of July 1, 2016 to all types of accommodation based on a residents' date of admission to the bed.

Type of Accommodation	Daily Rate	Monthly
Long-Stay Resident:		
Basic	\$58.99	\$1,794.28
Semi-Private		
Residents admitted to newer beds on or after July 1, 2015.	\$71.12	\$2,163.24
Residents admitted to newer beds on or after September 1, 2014, but prior to July 1, 2015.	\$70.11	\$2,132.51
Residents admitted to newer beds on or after July 1, 2013, but prior to September 1, 2014.	\$69.10	\$2,101.79
Residents admitted to newer beds on or after July 1, 2012, but prior to July 1, 2013.	\$68.09	\$2,071.07
Residents occupying older beds, or residents admitted to newer beds prior to July 1, 2012.	\$67.08	\$2,040.35

Continued...

Private

Residents admitted to newer beds on or after July 1, 2015.	\$84.27	\$2,563.22
Residents admitted to newer beds on or after September 1, 2014, but prior to July 1, 2015.	\$82.50	\$2,509.38
Residents admitted to newer beds on or after July 1, 2013, but prior to September 1, 2014.	\$80.73	\$2,455.54
Residents admitted to newer beds on or after July 1, 2012, but prior to July 1, 2013.	\$78.96	\$2,401.70
Residents occupying older beds, or residents admitted to newer beds prior to July 1, 2012.	\$77.19	\$2,347.87

Short-Stay Resident (Respite Bed)

\$38.19 N/A

NOTE: "Newer beds" – beds classified as "NEW" or "A" according to ministry design standards

"Older beds" – beds classified as "B", "C", "Upgraded D" or "D" according to ministry design standards

If you have requested a transfer from your current accommodation into a preferred accommodation bed, please call the LTC home administrator to confirm the rate that you will be required to pay. Preferred rates for semi-private and private accommodation in your current LTC home or in another LTC home may be different if you are offered a bed on or after July 1, 2016.

If you are currently paying less than \$58.35 per day because you are receiving a reduction in the basic co-payment, known as a "Rate Reduction", **then you should reapply for a rate reduction** as the current rate reduction expires on June 30, 2016. Staff at your LTC home will provide you with the application form and will help you to submit your application to the Ministry of Health and Long-Term Care.

For more information on co-payment rates or the changes to the rate reduction application process, please speak with your home's Administrator. Should you have any additional questions, please contact: LTC Homes Action Line at **1-866-434-0144**

*Welcome to
Heritage Green
Retirement Lodge*

An affordable, secure retirement residence, located in quiet, park-like surroundings.

We offer all the comforts of home without the responsibility. If private independent living in a friendly, warm atmosphere is how you would like to spend your retirement years, then let us show you around.

**Why not
Drop by
For a visit?**

We offer tours at your convenience.

Please Contact:

ROSEMARY OKIMI
Administrator
Phone: (905) 573-7177

OR

GENNYPHERE CAMANZO
Supervisor
Phone: (905) 573-3796

Heritage Green
Retirement Lodge
351 Isaac Brock Dr.
Stoney Creek Ontario
L8J 1Y1
Fax: (905) 573-3799

*Heritage Green
Retirement
Lodge*



Comfort and Security

Choose from either a private or semi-private room in our clean, well-maintained Retirement Lodge. Each is spacious enough for your cherished mementoes and designed with your comfort in mind. Our dedicated and trained staff provides laundry and housekeeping services.

We offer 24-hour supervision and our in-room call systems will give you a feeling security. You can take comfort in the fact that trained and caring staff is always nearby. As well, a licensed Nursing Home is just next door.

Respite or short stay can be arranged at a daily rate. We also offer a two day free trial if there is any uncertainty.

Feeling Social?

Friendships form fast at Heritage Green. Perhaps you would like to join others in a shopping trip, movie night, and concert or card game. Why not spend some time pursuing that hobby you never had enough time for? Or how about finally catching up on all those books you always meant to read?

There is always something going on and residents are welcome to join in as many or as few of the scheduled activities as they would like.

Appetizing Meals

Nutritional, tasty meals are prepared by our own cooks and served at your table in our cozy dining room. If required, a special diet can be developed to suit your needs. We also encourage you to enjoy meals with your family and friends.

Your reasonable monthly rate includes:

- Intimate atmosphere (Only 20 beds)
- 24-hour nursing care
- House doctor
- Tasty, nutritious meals and Snacks
- Housekeeping and laundry Service
- Planned activity programs
- Free parking

The only things you pay extra are:

- Telephone
 - Cable TV
 - Hairdresser/Barber services
- If this sounds like the carefree life you've been waiting for, come and talk to us.
-

**HERITAGE GREEN
RETIREMENT HOME**
RATES: JUNE 1, 2016 – MAY 30, 2017

ROOM #	TYPE	RATE
120	Window	\$2,533
121	Window	\$2,575
122	Patio	\$2,575
123	Patio	\$2,331
124A	Patio	\$2,291
124B	Window	\$2,253
125	Window	\$2,533
126	Window	\$2,533
127	Patio	\$2,575
128	Window	\$2,575
129	Window	\$2,533
130	Window	\$2,575
131	Patio	\$2,575
132	Patio	\$2,610
133	Window	\$2,575
134	Window	\$2,575
135	Patio	\$2,610
136	Patio	\$2,610
137	Window	\$2,575
138	Window	\$2,495
139	Patio	\$2,610